

metrowrap™

Tie Once, Carry 3 Ways + Nurse

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a b c + n

Helpful Hints:

- Pull the fabric tighter than you'd expect in Step 6 of "Building the Child Seat".
- Put the MetroWrap on before leaving the house, keeping it on between errands.

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Nursing Carry
Please follow instructions for Getting the Child In – Cradle Carry.

1 Getting Started



Step 1: Set Waist Front & Center
Center MetroWrap label above belly button, logo facing out.



Step 2: Cross Behind
Pull sides of MetroWrap around to lower back and crisscross the fabric.



Step 3: Up & Over
Bring fabric up and over shoulders, ensuring the fabric crisscrosses flat on your back.



Step 4: Focus Forward
Fan fabric across shoulders and drape down front of body.



Step 5: Tuck the Tails
Tuck ends under the waistband where label is.



Step 6: Cross to "V"
Cross fabric to create "V" and pull each side until desired tightness is achieved.

Crisscross & Wrap



Step 7: Wrap Behind & Cross
Bring sides of fabric around to small of back, crisscross fabric.



Step 8: Wrap in Front & Cross
Continue front to back, crossing fabric each time until desired size is achieved.



Step 9: Tie & Go
Double knot ends for side or mid back tie and you are done!

a Getting the Child In – Cradle Carry



Step 1: Place Child into "V"
Pull bottom side of "V" up and away from you, placing the child's body in cradle.



Step 2: Pull up on both sides of "V"
Continue to cover child's body with first side of "V" and pull second side of "V" up over child's entire body.



Step 3: Secure & Go!
Pull waistband, at label, up and over your child's body. His face will peak out for safety and easy kissing!

b Getting the Child In – Facing You



Step 1: Tuck Child into "V"
Hold child facing you and place child's legs into each side of "V".



Step 2: Set Bottom in "V" & Hug
Child's bottom is supported by the crisscross of the fabric. Secure child's arms under "V".



Step 3: Fan to "V"
Fan each side of the "V" across your child, covering his back completely.



Step 4: Tuck Legs Under
Now tuck your child's legs, one at a time, under the MetroWrap waistband.



Step 5: Waistband Up
Pull waistband, at label, up and over your child's bottom to his shoulders.



Step 6: You're on Your Way!
Pull bottom of waistband down over your child's legs or leave them out for better kicking!

c Getting the Child In – Facing Out



Step 1: Tuck Child into "V"
Hold child facing out and place child's legs into each side of "V".



Step 2: Set Bottom in "V"
Child's bottom is supported by the crisscross of the fabric. Adjust child's arms under "V".



Step 3: Fan to "V"
Fan each side of the "V" across your child, covering his body completely.



Step 4: Tuck Legs Under
Now tuck your child's legs, one at a time, under the MetroWrap waistband.



Step 5: Waistband Up
Pull waistband, at label, up to your child's arm pits.



Step 6: You're on Your Way!
Leave your child's legs out for better kicking!

To view a **video demonstration** on tying the MetroWrap and for more detailed wrapping instructions please check out www.metromamma.com

THE SAFETY OF YOUR CHILD IS YOUR RESPONSIBILITY

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